



– FREEHOUSE – INN – QUALITY DINING –

Starters & Nibbles

HAND TOPPED FLATBREADS

GARLIC, MIXED HERBS, MELTED CHEDDAR & MOZZARELLA (V)	£8	HAM, CHEDDAR & PINEAPPLE with smokey BBQ sauce	£10
OLIVE, SUN DRIED TOMATO & FETA topped with tzatziki (V)	£9	GARLIC & MIXED HERB (VE)	£6

SMALL TAPAS PLATES

£8 EACH - we recommend three between two, as a starter to share

CRISPY ASIAN PORK BELLY BITES with pickled chilli pineapple	FRIED DUCK GYOZAS with soy, honey & sesame dipping sauce
BUTTERNUT SQUASH & SAGE ARANCINI (V) with herb mayonnaise	ANTI PASTI MEAT SELECTION with olives, sun dried tomatoes & garlic
BAKED GOATS CHEESE (V) sourdough toast, plum & apple chutney	SMOKED MACKEREL CROQUETTES with candied beetroot piccalilli
HANDMADE LAMB KOFTAS & TZAZIKI DIP with feta crumb & beetroot	HAND BATTERED KING PRAWNS with sweet chilli dipping sauce

Mains

SLOW COOKED GRESSINGHAM DUCK LEG on a bed of five bean cassoulet with Toulouse style sausage & fresh parsley	£21
LUXURY FISH PIE - smoked haddock, salmon & prawns in a creamy leek sauce topped with cheddar mash with greens & carrots	£18
HANDMADE DOUBLE STEAK BURGER WITH BACON & CHEESE burger sauce, dressed side salad, skin on fries & a hand battered friddle	£18
KING PRAWN RED THAI CURRY in a spicy & aromatic sauce, served with fluffy white rice & home fried prawn crackers	£22
ASIAN PORK BELLY BRAISED IN SPICED BROTH on scented coconut & lime rice with a chilli, coriander, mint & lime dressing & pak choi	£22
HANDMADE LAMB KOFTAS IN WARM SOURDOUGH PITTA with Greek salad, homemade tzaziki & crispy sweet potato wedges	£19
MOROCCAN FALAFEL IN A SPICED AUBERGINE RAGU (VE) on pappardelle pasta, topped with fresh coriander & garlic flatbread	£18
CLASSIC 'FISH & CHIPS' Hand beer battered fresh haddock fillet, served with chunky chips & mushy or garden peas Upgrade Peas to Salad £1 / Swap to Gluten Free Batter £1	Small £14 / Jumbo £18
GRASS FED 8OZ SIRLOIN STEAK served with hand battered onion rings, grilled tomato, chunky chips & homemade peppercorn sauce	£29
BEETROOT, FETA & WALNUT FILLED SOURDOUGH PITTA (V) with Greek salad, homemade tzaziki & crispy sweet potato wedges	£18
BEEF & ALE 'PROPER' PIE slow cooked chunks of beef in a rich ale sauce served with mashed potato, seasonal greens, carrots & gravy	£18
CAJUN MARINATED CHICKEN BURGER with mayonnaise & lettuce in a toasted bun skewered with a friddle served with fries & salad	£18
PAN FRIED FRESH SEABASS FILLETS with a fresh herb chimichurri salsa, sweet potato wedges & tomato/onion salad	£21
THICK 10 OZ GAMMON STEAK fried hens egg & grilled pineapple wedge, chunky chips, hand battered onion rings & grilled tomato	£19
LASHFORD'S HANDMADE GLOUCESTER PORK, LEEK & APPLE SAUSAGES served with creamy mash, gravy & seasonal greens	Small £14 / Large £18

Sides

CRUMBED MOZZARELLA STICKS (V)	£7	HAND BATTERED FRICKLES (V)	£6	HOMEMADE CHIPS (VE)	£5
HAND BATTERED ONION RINGS (V)	£6	DRESSED MIXED SALAD (V)	£5	SKIN ON FRIES (VE)	£5

IF YOU HAVE AN ALLERGY please inform our team before ordering, or preordering; so that we can take additional reasonable steps to minimise the risk of allergen cross-contamination. However **we cannot guarantee any item is allergen-free.**

Our online allergen guide, detailing details of every dish on this menu and the 14 key allergens, is available on our website (where we keep it so that it is always as up to date as possible). Even if you have visited us before please check online as suppliers and recipes are subject to change which can affect the allergens. Find it by scanning the QR code or visiting thethrockmorton.com/allergens (if you cannot access the internet we will be happy to provide you with the information)

As our food is mainly homemade in our multi use kitchen (which handles all of the 14 key allergens), and suppliers of prepared foods vary, **all food may contain traces** of any of the 14 key allergens. All weights stated are approximate uncooked weights. Game may contain traces of shot. Fish may contain traces of bones, even if stated as boneless.

V = Vegetarian (Some dishes can also be adapted to become Vegan) **VE = Made with Vegan ingredients.** However due to the environments that food is prepared, cooked and served in, we cannot guarantee that any item is animal product free.

