

BREAKFAST

served until 11.30am everyday

Drinks

Our coffees are all made from freshly ground Lavazza rich roast beans

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| AMERICANO | £3.70 |
| CAPPUCCINO or LATTE | £4.00 |
| FLAT WHITE | £4.10 |
| ESPRESSO | £3.20 |
| FRESHLY SQUEEZED JUICES in a variety of flavours | £3.70 |
| INDIVIDUAL POT OF ENGLISH BREAKFAST TEA | £3.50 |
| SPECIALITY TEAS - ask for current choices | £3.75 |

HOT DRINKS AVAILABLE WITH **SOYA OR OAT MILK + 50P**

Plus a full selection of drinks from the bar (alcohol served from 10am)

Breakfast Menu

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| 'THE THROCKMORTON' FULL ENGLISH | £12 |
| Lashford's sausage, 2 rashers of butchers bacon, egg, button mushrooms, grilled tomato, baked beans & white or brown toast | |
| ...add BLACK PUDDING £1.50 or TWO HASH BROWNS £2.50 | |
| 'THE THROCKMORTON' BIGGER BREAKFAST | £15 |
| 2 Lashford's sausages, 2 rashers of butchers bacon, black pudding, 2 eggs, baked beans, button mushrooms, grilled tomato, 2 hash browns & white or brown toast | |
| VEGETARIAN TRADITIONAL ENGLISH (V) | £12 |
| 2 vegetarian sausages, egg, button mushrooms, tomato, baked beans, hash brown & white or brown toast | |
| LIGHTER BREAKFAST | £9 |
| Lashford's sausage, butchers bacon, egg, hash brown & white or brown toast | |
| POACHED EGGS HOLLANDAISE ON MUFFIN with either bacon or spinach | £9 |
| SMOKED KIPPERS + SCRAMBLED EGGS ON MUFFIN | £10 |
| 3 AMERICAN PANCAKES + BACON + MAPLE SYRUP | £8 |
| EGGS ON MUFFIN, GRANARY OR WHITE TOAST (V) | £7 |
| Poached, scrambled or fried | |
| BREAKFAST WRAP | £8 |
| Bacon, sausage, hash brown & fried egg in a tortilla wrap | |
| KID'S BREAKFAST (FOR UNDER 12'S ONLY) | £8 |
| Lashfords sausage, egg, beans, hash brown, toast & orange or apple juice | |

A 10% optional service charge will be added to all bills. This is payable entirely at your own discretion, our team will happily remove, or amend the charge with no questions asked! 100% of all service charges go to the team and is distributed via their own tronc system

IF YOU HAVE AN ALLERGY please inform our team before ordering, or preordering; so that we can take additional reasonable steps to minimise the risk of allergen cross-contamination. However **we cannot guarantee any item is allergen-free.**

Our online allergen guide, detailing details of every dish on this menu and the 14 key allergens, is available on our website (where we keep it so that it is always as up to date as possible). Even if you have visited us before please check online as suppliers and recipes are subject to change which can affect the allergens. Find it by scanning the QR code or visiting thethrockmorton.com/allergens (if you cannot access the internet we will be happy to provide you with the information)

As our food is mainly homemade in our multi use kitchen (which handles all of the 14 key allergens), and suppliers of prepared foods vary, **all food may contain traces** of any of the 14 key allergens. All weights stated are approximate uncooked weights. Game may contain traces of shot. Fish may contain traces of bones, even if stated as boneless.

V = Vegetarian (Some dishes can also be adapted to become Vegan) VE = Made with Vegan ingredients. However due to the environments that food is prepared, cooked and served in, we cannot guarantee that any item is animal product free.





Small Tapas Plates

ALL SMALL PLATES £8 EACH

- BBQ BEEF SOFT SHELL TACOS** pink pickled onions, chilli & sour cream
- VEGETABLE GREEN GYOZAS (VE)** with sriracha mayonnaise dip
- CHORIZO & MOZZARELLA ARANCINI** with homemade tomato fondue
- BREADED WHITEBAIT** with zingy jalapeno tartare sauce
- FRIED DUCK GYOZAS** with soy, honey & sesame dipping sauce
- CREAMY GARLIC & CHIVE MUSHROOMS (V)** with toasted sourdough
- SHELL OFF KING PRAWNS** served with garlic oil & warm baguette
- LOADED NACHOS (V)** salsa, sour cream, mozzarella & jalapenos

Flatbreads

- GARLIC, MIXED HERBS, MELTED CHEDDAR & MOZZARELLA (V)** £8
- CREAMY BRIE, CRISPY BACON & CRANBERRY** £10
- BBQ CHICKEN, PINK PICKLED ONIONS & MOZZARELLA CHEESE** £10
- GARLIC & MIXED HERB (VE)** £6

Dirty Fries

Seasoned fries, topped with your choice of...

- MALAYAN KATSU CURRY SAUCE (V)** Small £7 / Large £12
- LASHFORDS SAUSAGE SLICES** with rich gravy & parsnip crisps Small £7.50 / Large £13
- MELTED CHEDDAR & MOZZARELLA CHEESE (V)** Small £7 / Large £12
- BBQ CHICKEN & MELTED CHEESE** Small £8 / Large £14

Burgers, Baguettes & Wraps

- HANDMADE DOUBLE STEAK BURGER WITH BACON & CHEESE** £18
- CRAYFISH & ATLANTIC PRAWN WRAP** with marie rose sauce £15
- CRISPY HUNTERS BBQ CHICKEN BURGER** Monterey jack cheese & bacon £19
- SLOW ROAST BEEF IN WARM BAGUETTE** with rich gravy & horseradish sauce £17
- BRIE & CRANBERRY SOURDOUGH BAGUETTE (V)** Add bacon +£2 £15
- HAND BATTERED FISH GOUJON WRAP** with tartare sauce £15

All burgers, baguettes & wraps served with seasoned fries

Sides

- CRUMBED MOZZARELLA STICKS** £7
- HAND BATTERED FRICKLES (V)** £6
- HAND BATTERED ONION RINGS** £6
- HOMEMADE CHIPS (VE)** £5
- DRESSED MIXED SALAD (V)** £5
- SKIN ON FRIES (VE)** £5

Please see overleaf for information on allergies and service charge

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