



– FREEHOUSE – INN – QUALITY DINING –

Starters & Nibbles

HAND TOPPED FLATBREADS

GARLIC & MIXED HERBS, MELTED CHEDDAR & MOZZARELLA (V)	£8	ROAST CHICKEN BREAST, CHEESE & SMOKEY BBQ SAUCE	£10
PULLED DUCK LEG, SESAME SEEDS & PLUM SAUCE	£10	GARLIC & MIXED HERB (VE)	£6

SMALL TAPAS PLATES

£8 EACH - we recommend three between two, as a starter to share

STICKY PORK BELLY BITES on chilli pickled pineapple chunks	HANDMADE MEATBALLS MARINARA with melted parmesan
BUTTERNUT SQUASH & SAGE ARANCINI (V) with rich tomato sauce	SOUTHERN FRIED CHICKEN WINGS with a garlic mayonnaise dip
WARM FOCACCIA (V) with whipped, salted butter	PAN FRIED SCALLOPS in garlic & nduja butter +£3
HAND BATTERED KING PRAWNS with sweet chilli dipping sauce	HOMEMADE SWEETCORN FRITTERS (VE) with mint yoghurt and salad

Mains

8OZ BRAISED PORK RIBEYE on a herb potato cake, with shallot, mushroom and Dijon cream sauce, seasonal greens & roasted carrots	£23
LUXURY FISH PIE - smoked haddock, salmon & prawns in a creamy leek sauce topped with mature cheddar mash served with greens	£18
HANDMADE DOUBLE STEAK BURGER WITH BACON & CHEESE burger sauce, dressed side salad, skin on fries & a hand battered friddle	£18
OVEN BAKED FRESH SALMON FILLET on a spicy and aromatic red Thai curry sauce, basmati rice & home fried prawn crackers	£22
MOROCCAN FALAFEL OPEN WRAP (V) with zingy lemon mayonnaise & chimichurri dips, blue corn flat breads, fries & dressed salad	£19
SLOW COOKED DUCK LEG on herb potato cake, peas and bacon, served with roasted carrot & a rich redcurrant sauce	£22
SPICED AUBERGINE RAGU (VE) on pappardelle pasta, topped with fresh coriander & garlic flatbread	£18
CLASSIC 'FISH & CHIPS' Hand beer battered fresh haddock fillet, served with chunky chips & mushy or garden peas Upgrade Peas to Salad £1 / Swap to Gluten Free Batter £1	Small £14 / Jumbo £18
GRASS FED 8OZ SIRLOIN STEAK hand battered onion rings, garlic & thyme mushroom, tomato, chunky chips & peppercorn sauce	£31
FIVE BEAN SPICY CHILLI NON CARNE (VE) served with basmati rice & home fried nachos	£18
BEEF, BACON & SHALLOT 'PROPER' PIE in a rich ale sauce, served with hand mashed potato, seasonal greens & gravy	£18
CAJUN MARINATED CHICKEN BURGER with mayonnaise & lettuce in a toasted bun skewered with a friddle served with fries & salad	£18
PAN FRIED FRESH SEABASS FILLETS with a fresh herb chimichurri salsa, sweet potato wedges & tomato/onion salad	£21
THICK 10 OZ GAMMON STEAK fried egg & grilled pineapple wedge, chunky chips, onion rings, garlic & thyme mushroom & tomato	£19
LASHFORD'S HANDMADE GLOUCESTER PORK, LEEK & APPLE SAUSAGES served with creamy mash, gravy & seasonal greens	Small £14 / Large £18

Sides

CRUMBED MOZZARELLA STICKS (V)	£7	GARLIC & MIXED HERB FLAT BREAD (V)	£6	HOMEMADE CHIPS (VE)	£5
HAND BATTERED ONION RINGS (V)	£6	DRESSED MIXED SALAD (V)	£5	SKIN ON FRIES (VE)	£5

IF YOU HAVE AN ALLERGY please inform our team before ordering, or preordering; so that we can take additional reasonable steps to minimise the risk of allergen cross-contamination. However we cannot guarantee any item is allergen-free.

Our online allergen guide, detailing details of every dish on this menu and the 14 key allergens, is available on our website (where we keep it so that it is always as up to date as possible). Even if you have visited us before please check online as suppliers and recipes are subject to change which can affect the allergens. Find it by scanning the QR code or visiting thethrockmorton.com/allergens (if you cannot access the internet we will be happy to provide you with the information)

As our food is mainly homemade in our multi use kitchen (which handles all of the 14 key allergens), and suppliers of prepared foods vary, all food may contain traces of any of the 14 key allergens. All weights stated are approximate uncooked weights. Game may contain traces of shot. Fish may contain traces of bones, even if stated as boneless.

V = Vegetarian (Some dishes can also be adapted to become Vegan) VE = Made with Vegan ingredients. However due to the environments that food is prepared, cooked and served in, we cannot guarantee that any item is animal product free.

