



- FREEHOUSE - INN - QUALITY DINING -

Starters & Nibbles

HAND TOPPED FLATBREADS

GARLIC, MIXED HERBS, MELTED CHEDDAR & MOZZARELLA (V)	£8	BBQ PORK, PINK PICKLED ONIONS & MOZZARELLA CHEESE	£10
CREAMY BRIE, CRISPY BACON & CRANBERRY SAUCE	£10	GARLIC & MIXED HERB (VE)	£6

SMALL TAPAS PLATES

£8 EACH - we recommend three between two, as a starter to share

BBQ PORK SOFT SHELL TACOS , pink onions, sour cream & chillies	HAND BATTERED KING PRAWNS served with a sweet chilli dip
VEGETABLE GREEN GYOZAS (VE) with sweet chilli dipping sauce	BAKED GOATS CHEESE, BEETROOT & ROCKET SALAD (V) with walnuts
CHORIZO & MOZZARELLA ARANCINI with tomato salsa	FRIED DUCK GYOZAS with soy, honey & sesame dipping sauce
BREADED WHITEBAIT with zingy jalapeno tartare sauce	LOADED NACHOS (V) salsa, sour cream, mozzarella & jalapenos

Mains

LUXURY FISH PIE - smoked haddock, salmon & prawns in a creamy leek sauce topped with cheddar mash, with greens & roast roots	£20
HANDMADE DOUBLE STEAK BURGER WITH BACON & CHEESE with burger sauce, hand battered frizzle & seasoned fries	£18
SHREDDED CRISPY HONEY, SESAME & SOY DUCK SALAD rocket, carrot, pomegranate seeds & mouli served with roasted new potatoes	£21
CRISPY PORK MILANESE with parmesan & lemon dressed rocket salad, pink pickled onions & seasoned fries	£20
MALAYAN KING PRAWN KATSU CURRY mild spiced, creamy texture with lime leaf and galangal aromatics served with basmati & naan	£20
TOMATO, BASIL, RED PEPPER & ONION GNOCCHI (VE) topped with prosociano cheese and served with garlic flatbread	£18
CLASSIC 'FISH & CHIPS' hand beer battered fresh haddock fillet, served with chunky chips & mushy or garden peas Upgrade Peas to Salad £1 / Swap to Gluten Free Batter £1	Small £15 / Large £19
GRASS FED 8OZ SIRLOIN STEAK served with hand battered onion rings, grilled tomato, chunky chips & homemade peppercorn sauce	£29
VEGETABLE MALAYAN KATSU CURRY (VE) mild spiced, creamy texture with a mix of lime leaf and galangal aromatics with rice & naan	£19
CHICKEN GYROS marinated skewered chicken served in a pitta filled with red onion, tomatoes, tzatziki dip & fries	£20
CRISPY HUNTERS BBQ CHICKEN BURGER with Monterey jack cheese & bacon served with seasoned fries & battered frizzle	£19
PAN FRIED SEABASS FILLETS topped with a fresh herby chimichurri sauce with roasted new potatoes & seasonal salad	£22
THICK 10 OZ GAMMON STEAK fried hen's egg & grilled pineapple wedge, chunky chips, hand battered onion rings & grilled tomato	£19
FAMOUS LASHFORDS PORK & LEEK SAUSAGES with thick gravy served with creamy mash, roots & greens	Small (2) £15 / Large (3) £19

Sides

CRUMBED MOZZARELLA STICKS	£7	HAND BATTERED FRICKLES (V)	£6	HOMEMADE CHIPS (VE)	£5
HAND BATTERED ONION RINGS (V)	£6	DRESSED MIXED SALAD (V)	£5	SEASONED FRIES (VE)	£5

A 10% optional service charge will be added to all bills. This is payable entirely at your own discretion, our team will happily remove, or amend the charge with no questions asked! 100% of all service charges go to the team and is distributed via their own tronc system.

IF YOU HAVE AN ALLERGY please inform our team before ordering, or preordering; so that we can take additional reasonable steps to minimise the risk of allergen cross-contamination. However we cannot guarantee any item is allergen-free.

Our online allergen guide, detailing details of every dish on this menu and the 14 key allergens, is available on our website (where we keep it so that it is always as up to date as possible). Even if you have visited us before please check online as suppliers and recipes are subject to change which can affect the allergens. Find it by scanning the QR code or visiting thethrockmorton.com/allergens (if you cannot access the internet we will be happy to provide you with the information)

As our food is mainly homemade in our multi use kitchen (which handles all of the 14 key allergens), and suppliers of prepared foods vary, all food may contain traces of any of the 14 key allergens. All weights stated are approximate uncooked weights. Game may contain traces of shot. Fish may contain traces of bones, even if stated as boneless.

V = Vegetarian (Some dishes can also be adapted to become Vegan) VE = Made with Vegan ingredients. However due to the environments that food is prepared, cooked and served in, we cannot guarantee that any item is animal product free.

